



South Dakota National Guard Service Member & Family Support Symposium
March 28-30, 2014 in Sioux Falls, SD

Surviving & Thriving



Greetings Survivors,

31 January 2014

Service Member & Family Support would like to invite you to attend the 2014 State Service Member, Family and Youth Symposium on March 28th-30th in Sioux Falls. Activities are planned for the entire Family (from 0 to adult) so load up the van and join us as we navigate the weekend. Bring your Guard Family as well; invite your Commander, First Sergeant, Key Spouse and Family Readiness Group members. **Deadline to register is March 17th.**

This year our theme is "Surviving and Thriving." Everyone has survived challenging periods in their lives, such as deployments, illness, the loss of a loved one, college, basic training, relationships, birth of a child and other life events. We will emphasize the importance of personal resiliency and how Family Readiness Groups/Key Spouse programs can impact and ensure that you and your Family are ready for those expected and unexpected events that happen in everyone's life.

Friday evening, Mar 28th: Friday evening begins with a working dinner for Family Readiness Group (FRG) leaders and unit military leadership with "So This is Jeopardy." The primary purpose of this training will be to review FRG operations, guidance updates, new programs and resources, and time for networking and questions.

Agenda: For adults, the Symposium begins at 9 AM on Saturday with registration, provider booths and other activities followed by a working lunch with keynote speaker, Holly Hoffman, presenting "Never Give Up - The Survivor Way" <http://hollyhoffman.org/>. The afternoon and Sunday is comprised of three different educational tracks so that you can choose your weekend experience:

- (1) **Fall In for Family Basic** – focus is to educate military Families about benefits, programs and resources while allowing them to experience firsthand some of the requirements of their Service Member such as Meals Ready to Eat (MREs);
- (2) **Thriving Families** – focus is to provide military Families with practical tools and resources to help them build a strong, ready and resilient Family that can manage the challenges of daily life. Some topics will be family communication and setting boundaries;
- (3) **Employment Readiness** – focus is to offer job search skills such as interviewing and resume preparation. Employer Support of the Guard and Reserve (ESGR) and Hero 2 Hired (H2H) will facilitate this educational track.

Saturday concludes with a Family and Volunteer Awards Recognition Dinner to acknowledge the service of SDNG volunteers. The banquet will be followed by Family-friendly games and an ice cream social.

Breakouts continue and a motivational speaker will wrap up **Sunday's** activities (concludes by noon).

The Child and Youth agenda will run concurrently and includes resilience, team building, and educational programming/trainings. Youth Program Activities (ages 6-17) include Holly Hoffman (from "Survivor"), trainer Dee LaMay, the Zoo Mobile and Fire Safety House, interviewing/resumes, team challenges, and much more. Child care will be provided on-site for the little ones (ages 0-5).

Silent Auction: The SD National Guard Youth Council will be hosting a silent auction during the Symposium. Dollars raised will go to help cover Youth Council travel to support youth activities throughout the state.

Location: The Symposium will be held at the 114th Fighter Wing, Sioux Falls Armory and 196th Regional Training Institute (RTI). All locations are within minutes of each other. Adults will be at the 114th Fighter Wing and the kids/youth at the Armory and RTI. No worries, we will let you know who needs to be where and when.

Lodging Options: Attendees will pay for their lodging and then be reimbursed. Accommodations are available at the Regional Training Institute through Army Lodging for those Families with one or two people per room. To make reservations, call Army Lodging at (605) 357-2845. Cost per night is \$37.00. There are private rooms that have one full-size bed which can accommodate two people; a limited number are available. All Families (living over 50 miles away) may stay at **any** hotel in Sioux Falls, however, reimbursement can only be made for the government rate of \$83.00 + tax per night. **Sioux Falls is always busy with various events so make your room reservations early.**

Travel & Per Diem Allowances for Army Guard VOLUNTEERS: Only **non-military** Family Members will be placed on travel orders; which covers travel, food and lodging. One night's lodging (one room per Family) and mileage will be paid if traveling 50-149 miles (one way) from home of record to Sioux Falls. Two nights' lodging (one room per Family) and mileage will be paid if traveling over 150 miles (one way) from home of record to Sioux Falls. If traveling with a military member **on orders**, no mileage can be paid. **Travel & Per Diem Allowances for SERVICE MEMBERS:** Service Member & Family Support – Family Readiness is not authorized to place Service Members on travel orders. Service Members **MUST** obtain authorization for pay & per diem with their unit. Please have your unit contact us with any questions:

General POC

Lynn Wright - (605) 737-6089
lynn.l.wright.ctr@mail.mil

Child & Youth POC

Taryn Broomfield - (605) 737-6919
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Airman & Family Readiness

Nikki Wajer - (605) 988-5962
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Adult Agenda at the 114th Fighter Wing, 1201 West Algonquin Street

Sat, Mar 29	Service Member and Family Agenda		
9-11 AM	Registration, Booths, Etc.		
11AM-1PM	General Session/Lunch- <i>Holly Hoffman</i>		
	Family Basic (Track 1)	Thriving Families (Track 2)	Career Readiness (Track 3)
1-2PM	A Taste of Military Life	Setting Boundaries	Resumes/cover letters
2-2:15PM	Break		
2:15-3:15PM	"Taking Care of Business"	Suicide Prevention	Interviewing
3:15-3:30PM	Break		
3:30-4:30PM	"Basic Finances for Life"	Creating Family Rituals	Job Search
4:30-5:30	Child and Youth Activities end – Pick up children/youth – and prepare for Dinner		
6-6:30PM	Family Dinner (serve meals)		
6:30-7:15PM	Senior Leader (during meal)		
7:15-8PM	Volunteer Awards Ceremony		
8PM Until Closing	Ice Cream Social and Family Activities – Dee LeMay and Minute to Win It Games		
Sun, Mar 30	Service Member and Family Agenda		
7:30-8AM	Chaplain Service and Children's Church (at the Regional Training Institute at 803 W. National Guard Drive) attendance optional		
	Family Basic (Track 1)	Thriving Families (Track 2)	Career Readiness (Track 3)
8:30-10AM	Resources/Education/Benefits	Wellness for the mind and body	H2H Overview
10-10:15AM	Break		
10:15-11:30AM	General session – LTC Mike Oster		
11:30-11:45AM	Closing		

Child & Youth Agenda – at the Sioux Falls Armory and Regional Training Institute (801 W. National Guard Dr)

Saturday March 29th	Ages 0-5	Ages 6-9	Ages 10-12	Ages 13-17
8:30 AM	On-site child care	Registration/Icebreakers	Registration/Icebreakers	Registration/Icebreakers
9:00 – 10:00 AM		Holly Hoffman	Zoo Mobile	Roller Coaster Rally
10:00 – 11:00 AM		Zoo Mobile	Holly Hoffman	Holly Hoffman
11:00 – 12:00 PM	Lunch	Lunch / Youth Council Activities	Lunch / Youth Council Activities	Lunch / Youth Council Activities
12:00 – 1:30 PM		Dee LaMay	Fire Safety House	Interviews and Resumes
1:30 – 2:30 PM		Fire Safety House	Dee LaMay	Glass Art
2:30 PM		Snack/Break	Snack/Dee LaMay	Snack/Break
3:00 – 4:30 PM		Glass Art	Glass Art	Dee LaMay
4:45 PM	Child Care ends	Youth Activities end	Youth Activities end	Youth Activities end

Sunday March 30th	Ages 0-5	Ages 6-9	Ages 10-12	Ages 13-17
8:00 AM	On-site child care	Check In/ Games/Activities	Check In/ Games/Activities	Check In/ Games/Activities
8:30 – 11:30 AM		"Oh the Places You'll Go"	Programming	Dee LaMay
12:00 PM	Child Care ends	Youth Activities end	Youth Activities end	Youth Activities end

Join Us!



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REGISTER
By March
17th

Return Registrations & Fees to:
Service Member & Family Support
Attn: State Symposium-Lynn Wright
2823 W Main Street, Bldg 420
Rapid City, SD 57702

Attendee Information:

<u>Last Name, First Name</u>		<u>Non-Military Person - Social Security Number (for travel orders)</u>	
<u>Home Mailing Address</u>	<u>City</u>	<u>State</u>	<u>Zip Code</u>
<u>Daytime Phone</u>		<u>E-mail address</u>	
<u>Unit/Squadron Representing</u>		<u>(FRG Position if applicable)</u>	

Are you a Service Member? ☐ Yes ☐ No _____
Rank and military position _____
As an Attendee, will your Service Member be attending? ☐ Yes ☐ No _____
Name _____
If a Service Member, will you be on military orders? ☐ Yes ☐ No

Registration Fee (for food costs): Please make checks payable to SDNG Family Programs and include with this registration.

Adults.....\$15.00 each x _____ = \$ _____ Total Adults Total Adult & Youth \$ _____
Youth (0-17).... \$10.00 each x _____ = \$ _____ Total Youth/Children

(Don't forget to also fill out the Child & Youth Registration Form and include with your return packet!!)

Room Reservations: For budgeting purposes, please indicate which nights you will require a room.

Attendees must make their own room reservations (see invitation letter for more information).

☐ Friday & Saturday night – for those living over 150 miles away ☐ Saturday night only – for those living 50- 149 miles away

Saturday Evening Family and Volunteer Awards Recognition Dinner

☐ Yes... I will be attending Number of Adults: _____ Number of Youth/Kids: _____
☐ No... myself and my Family will not be attending

Saturday Evening Ice Cream Social (after the Awards Recognition Dinner)

☐ Yes... I will be attending Number of Adults: _____ Number of Youth/Kids: _____
☐ No... myself and my Family will not be attending

Friday evening FRG Leaders & Unit Military Leadership

☐ Yes... I will be attending
☐ No... I will not be attending

RETURN 1. Adult Registration 2. Youth/Child Registration 3. Registration Fees to:

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Join us for a weekend of fun and challenges at the **SDNG State Youth Symposium!** In order to ensure the safety and security of all children/youth, **PRE-REGISTRATION is required** to participate and to allow us to plan for proper adult/child ratios, supplies, food, etc. If your child(ren)/youth leave early, they MUST be properly signed out from our care by a parent or guardian so we can ensure their safety. Military youth members may bring friends to the Youth Symposium that are not affiliated with the military. Each attendee, however, must complete a registration form and include the registration fee. An additional registration packet will be sent later as well.

Opportunities for Children and Youth: **Ages 0-5** – On site childcare through the YES Center - Saturday 8:30 am - 5 pm and Sunday 8 am-12:00 pm; **Ages 6-9, ages 10-12, and ages 13-17** – All activities at the Sioux Falls Armory or RTI - to include Holly Hoffman and Dee LaMay. The registration fee is \$10 each (ages 0-17). **Please complete/include this on the adult registration form.**

For questions, please contact Taryn Broomfield, Lead Child & Youth Coordinator - 605-737-6919 / taryn.m.broomfield.ctr@mail.mil

Child(ren)/Youth Information:

_____	<input type="checkbox"/> Male <input type="checkbox"/> Female	_____ Age _____	Special Needs _____	Allergies _____
Last Name, First Name				
_____	<input type="checkbox"/> Male <input type="checkbox"/> Female	_____ Age _____	Special Needs _____	Allergies _____
Last Name, First Name				
_____	<input type="checkbox"/> Male <input type="checkbox"/> Female	_____ Age _____	Special Needs _____	Allergies _____
Last Name, First Name				
_____	<input type="checkbox"/> Male <input type="checkbox"/> Female	_____ Age _____	Special Needs _____	Allergies _____
Last Name, First Name				
Home Mailing Address		City	State	Zip Code

Daytime Phone		E-mail address		
_____		_____		

Parent/Guardian Information:

Last Name, First Name			

Home Mailing Address	City	State	Zip Code
_____	_____	_____	_____
Daytime Phone	Cell Phone	E-mail Address	
_____	_____	_____	

Military Sponsor Information:

Last Name, First Name, Rank	

Unit/Squadron	Relationship to Attendee
_____	_____